REDEFINING MEDICINE

EARN UP TO 29 CME CREDITS!
www.A4M.com / 1.561.893.8622

December 10-13, 2015
Venetian/Palazzo Resort - Las Vegas, NV
ANTI-AGING INDUSTRY

Why the Anti-Aging Industry is Right for Your Practice

Anti-Aging Medicine is a specialty founded on the application of advanced scientific and medical technologies for the early detection, prevention, treatment and reversal of age related dysfunction, disorders and diseases. It is a healthcare model promoting innovative science and research to prolong the healthy lifestyle in humans.

While the global population is aging at an unprecedented rate, Anti-Aging & Aesthetic Medicine has been developed as a healthcare concept offering solutions to extend the healthy lifespan of individuals. The science of Anti-Aging & Aesthetic Medicine is multidisciplinary with advances in the fields of biochemistry, biology and physiology. This population growth rate can be attributed to a decrease in mortality and not an increase in birth rate with Baby Boomers accounting for one-quarter of the US population. The traditional view has been to take aging “in stride”, however the conversation around aging is changing.

My affiliation with A4M has totally transformed the way I practice medicine! I incorporated what I learned and realized, there is a better way.

- Maria Del Vecchio, MD
6-Time World Congress Attendee

With this information in mind, the opportunities in the Anti-Aging market are vast, as the global market is estimated to be worth over $400 billion by the end of 2030. In December of 2015, healthcare practitioners, both domestic and international, are expected to gather in Las Vegas for this year’s largest conference on Anti-Aging Medicine where many healthcare professionals will teach, lecture and demonstrate different aspects of emerging Anti-Aging, Integrative and Functional medicine. Topics include Lifestyle Factors, Metabolic Syndrome, Injectable Techniques, Nutrient Strategies, Inflammation plus many more!

Call 1.561.893.8622 or visit www.A4M.com for more information
### Registration Fees

<table>
<thead>
<tr>
<th></th>
<th>Register by 9/30</th>
<th>Register by 12/9</th>
<th>On-Site Pricing Beginning 12/10</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Members</strong></td>
<td>$395.00</td>
<td>$595.00</td>
<td>$1,095.00</td>
</tr>
<tr>
<td><strong>Non-Members</strong></td>
<td>$695.00</td>
<td>$895.00</td>
<td>$1,295.00</td>
</tr>
</tbody>
</table>

**Best Value!**

My paradigm shifted completely overnight because suddenly I was hearing things I didn’t realize were part of medicine. I was so used to writing a prescription and taking care of symptoms as opposed to treating the underlying disease. **My mind was blown!**

- Vernon F. Williams, MD, FAARFM, ABAARM
  9-Time World Congress Attendee

Call 1.561.893.8622 or visit www.A4M.com for more information
Kevin Pho, MD
Social Media Mogul
Saturday, December 12th
10:00am-11:00am

Kevin Pho, MD is a board-certified internal medicine physician and founder of KevinMD.com, which Forbes called a “must-read health blog.” Klout named him the web’s top social media influencer in health care and medicine, and CNN named @KevinMD one of its five recommended Twitter health feeds.

He is also co-author of the book, “Establishing, Managing, and Protecting Your Online Reputation: A Social Media Guide for Physicians and Medical Practices.”

Transforming his social media presence into a mainstream media voice, he has been interviewed on CBS Evening News with Katie Couric, and his commentary regularly appears in USA Today, where he is a member of their editorial Board of Contributors, as well as CNN and the New York Times. His opinion pieces highlight the challenges real-world doctors face, ranging from the primary care shortage to the epidemic of physician burnout. His dual perspectives as a practicing physician and a health care social media leader highlight his unique social media journey.

Dr. Pho received his medical degree at Boston University School of Medicine and practices primary care in Nashua, NH. He is a member of the New Hampshire Union Leader’s 2010 class of New Hampshire’s 40 Under Forty, and a 2013 inductee to the Healthcare Internet Hall of Fame.
MEET OUR FACULTY

Pamela Smith, MD, MPH, MS
Health and Wellness Expert
Co-Chair, Fellowship in Metabolic & Nutritional Medicine

Joel Heidelbaugh, MD, FAAFP, FACP
Professor, Family Medicine
Urology – University of Michigan

Kevin Spelman, PhD
Researcher with Expertise in Phytochemistry; Director, Fellowship in Botanical Medicine

Mark Houston, MD, MS, MSc, ABAARM, FACP, FAHA, FASH, FACN, FAARM
Top U.S. Physician in Hypertension

Thierry Hertoghe, MD
Hormone Therapy Expert

Andrew Heyman, MD, MHSA
Internationally Recognized Expert in Integrative Medicine; Co-Chair, Fellowship in Metabolic & Nutritional Medicine

Attending an A4M World Congress was my first exposure to integrative medicine. I stepped into a world where medicine started making WAY more sense than it ever did to me.

- Jennifer Landa, MD, FAARFM, ABAARM
14-Time World Congress Attendee

Sharon McQuillan, MD
Director of Aesthetic Medicine Fellowship, Researcher & Internationally Recognized Lecturer

Mark Nestor, MD, PhD
World Expert in Aesthetic Medicine

James LaValle, RPh, CCN
Pioneer in the Field of Integrative Medicine; Co-Chair, Fellowship in Metabolic & Nutritional Medicine

Attending an A4M World Congress changed my life. It changed my focus. It changed how I approached patients and most importantly it changed how I treat patients.

- Jack Monaco, MD, FAARFM, ABBAARM
14-Time World Congress Attendee

Joseph Purita, MD
Pioneer in the use of Stem Cell & PRP Therapy

Mark Rosenberg, MD, FACEP
Co-Chair, Fellowship in Metabolic & Nutritional Medicine; Director, Fellowship in Integrative Cancer Therapies

Pamela Smith, MD, MPH, MS
Health and Wellness Expert
Co-Chair, Fellowship in Metabolic & Nutritional Medicine

Mark Rosenberg, MD, FACEP
Co-Chair, Fellowship in Metabolic & Nutritional Medicine

Call 1.561.893.8622 or visit www.A4M.com for more information
SPECIALTY WORKSHOPS

### Biomedical Information Therapy Symposium
**Wednesday-Thursday, December 9-10, 2015**

**Presented by:** Silvia Binder, ND, PhD; Steven Sinatra, MD; Magda Havas, BSc, PhD; Bjorn Overbye, MD; Michael Galitzer, MD

Energy medicine is the diagnostic and therapeutic use of energy whether produced by or detected by a medical device or by the human body. Energy medicine recognizes that the human body utilizes various forms of energy for communications involved in physiological regulations. This symposium will feature continuing education presentations on the following topics:

- Energy Medicine Going Mainstream
- Vibration Medicine: The New Emerging Frontier
- Psychosomatic Energetics: Diagnostics & Therapy
- Lyme Disease: A Microscopists Search for an Antibiotic Free Solution
- Introduction to Biomedical Information Therapy Interventions
- Integration & Daily Use of Energy Medicine in a U.S. Based Practice

### Longevity Workshop: Living Longer, Living Healthier
**Thursday, December 10, 2015**

**Presented by:** Thierry Hertoghe, MD

This workshop will focus on lifespan and Anti-Aging medical therapies introducing basic theoretical information on senescence and biological age measurement, alongside practical information on how to improve health and well-being and delay or minimize disease and aging through various types of therapy.

- Ancient Myths of Longevity
- Healthy Food Habits
- Hormonal Therapies
- Statistical Facts on Healthy Aging

### Men’s Health: Top Topics & Bottom Lines
**Thursday, December 10, 2015**

**Presented by:** Andrew Heyman, MD, MHSA; Joel Heidelbaugh, MD, FAAFP, FACP, and other expert faculty

The status of men’s health in the United States is alarming. The CDC reports that 12.1% (18.6 million) of men 18 years and over are in fair or poor health. This workshop will feature continuing education presentations covering a range of topics including:

- Prevention & Wellness
- Nutrition, Obesity & Exercise
- Healthy Aging & Brain Health
- Stress Management
- Hormones

### Everything You Always Wanted to Know about Prescribing BHRT
**Thursday, December 10, 2015**

**Presented by:** Pamela Smith, MD, MPH, MS; Sahar Swidan, PharmD

Join international experts and learn about male and female hormones, how to prescribe hormone replacement using proven treatment protocols and case histories for many different patient scenarios. Topics include:

- Convert patients from one form of hormone replacement to another
  - Oral to transdermal dosing
  - Transdermal to transvaginal
  - Oral contraceptives or synthetic hormones to customized compounded BHRT

---

Call 1.561.893.8622 or visit www.A4M.com for more information
Add a workshop to your conference registration for an additional fee & SAVE!

**Option 5**
**Inflammation: Managing Health and Performance**  
**Thursday, December 10, 2015**  
**Presented by:** James LaValle, RPh, CCN and other expert faculty

Inflammation is a normal physiological process that is now understood to play a major role in many chronic medical illnesses, including cancer, heart disease, diabetes, asthma, and obesity. In each of these cases inflammation causes the release of cytokines. The problem is that the receptors involved in pain are also present in inflammation; their activation causes the inflammatory reaction. This workshop will discuss inflammation as a disruptor to metabolism including:

- Hormones
- Absorbed Toxins
- Nutrition

**Option 6**
**Emerging Trends in Telomere Biology**  
**Thursday, December 10, 2015**  
**Presented by:** Joseph Raffaele, MD; Calvin B. Harley, PhD; Mark Houston, MD; Ron Rathenberg, MD; Tom Dow, MD

Aging is a biological process that affects most cells, organisms and species. Human aging is associated with increased susceptibility to a variety of chronic diseases, including cardiovascular disease, Type 2 diabetes, neurological diseases and cancer. Despite the remarkable progress made during the last two decades, our understanding of the biology of aging remains incomplete. Telomere biology has recently emerged as an important player in the aging and disease process. This workshop will bring together scientists from a variety of backgrounds to discuss a number of key areas of telomere biology including:

- Telomerase Structure, Biochemistry & Biogenesis
- Telomerase Regulation, Recruitment & Activation
- Telomerase & Telomere Dysfunction in Aging Systems
- Alternative Lengthening of Telomeres

**Option 6**
**Menopause/Andropause: Improving the Health & Happiness of Your Patients with Bio-identical Hormones**  
**Sunday, December 13, 2015**  
**Presented by:** Jonathan Wright, MD; David Rosensweet, MD

While medical literature is cited throughout, the seminar is focused to provide the maximum possible amount of ‘take it home and use it’ information and tools. You will receive evaluation forms, testing methods, hormone formulas and preparations, prescription and dosing protocols, and ongoing monitoring procedures. Spend a day in the many facets of this in-demand and much appreciated treatment.

- Ability to individualize a bio-identical hormone program by learning how to identify, assess and address the specific needs of a variety of individual patient presentations
- Acquire evaluation, treatment approaches and protocols, choosing from several excellent vehicles and application modes, for both women and men
- Understand and implement the best of the testing methods

Earn additional CME credits

Call 1.561.893.8622 or visit www.A4M.com for more information
**FRIDAY, DECEMBER 11, 2015**

**Morning Session**  
*Schedule Subject to Change*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am</td>
<td>A New Safety Paradigm for Youth Football: Pediatric Neurocognitive Testing, Impact Sensors and Telemedicine</td>
</tr>
<tr>
<td>7:45am</td>
<td>Gut On Fire, Brain on Fire - What’s the Connection?</td>
</tr>
<tr>
<td>8:30am</td>
<td>Opening Remarks (Non CME)</td>
</tr>
<tr>
<td>9:00am</td>
<td>Inflammation Silent Fire: Emerging Importance of Microflora and Gut-Immune-Brain Integrity</td>
</tr>
<tr>
<td>10:00am</td>
<td><strong>Keynote Presentation:</strong> Are Zombie Doctors Taking Over America?</td>
</tr>
</tbody>
</table>

**Afternoon Sessions**  
*Schedule Subject to Change*

<table>
<thead>
<tr>
<th>Session 1 - An Introduction to Treat Adult Hormone Deficiency</th>
<th>Session 2 - Diagnosis and Treatment of Environmental Toxicity</th>
<th>Session 3 - Early Detection/Prevention of Aging Disorders</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00pm Introduction to Bio-identical Hormone Deficiencies</td>
<td>Diagnosis and Treatment of Environmental Toxicity: Patient Cases and Clinical Pearls</td>
<td>Understanding, Monitoring and Treating Stress-Induced Inflammation: A Critical Approach to Comprehensive Anti-Aging Medicine</td>
</tr>
<tr>
<td>Presented by: Thierry Hertoghe, MD</td>
<td>Presented by: Jill Carnahan, MD, ABFM, ABIHM, IFMCP</td>
<td>Presented by: Michael Galitzer, MD</td>
</tr>
<tr>
<td>1:30pm</td>
<td></td>
<td>Treating Virtually Every Disease – By Supporting a Healthy Microbiome and Optimal Mitochondrial Function</td>
</tr>
<tr>
<td>1:45pm Testosterone Optimization</td>
<td></td>
<td>Presented by: Chris Meletis, ND</td>
</tr>
<tr>
<td>2:00pm</td>
<td></td>
<td>Presented by: Shelena C. Lalji, MD, FACOG</td>
</tr>
<tr>
<td>2:30pm Hypothyroidism</td>
<td></td>
<td>Hormone and Brain Function</td>
</tr>
<tr>
<td>Presented by: Ron Rothenberg, MD</td>
<td></td>
<td>Presented by: Gino Tutera, MD, FACOG</td>
</tr>
<tr>
<td>3:00pm</td>
<td></td>
<td>Which Test is Best? Practical Guide to Hormone Testing in Women</td>
</tr>
<tr>
<td>3:15pm Estrogen - Progesterone - Testosterone for Women</td>
<td></td>
<td>Presented by: Deb Matthew, MD, FAARM</td>
</tr>
<tr>
<td>Presented by: Thierry Hertoghe, MD</td>
<td></td>
<td>Inflammation and Sexual Dysfunction: Nitric Oxide as the Common Denominator</td>
</tr>
<tr>
<td>3:30pm</td>
<td></td>
<td>Presented by: Nathan Bryan, PhD</td>
</tr>
</tbody>
</table>

**Sponsored Evening Workshops** (Non-CME)

Call 1.561.893.8622 or visit www.A4M.com for more information
## Morning Session *Schedule Subject to Change*

Presented by: Joseph C. Maroon, MD, FACS  
Presented by: Martin Gallagher, MD, DC, MS  
Presented by: Ronald Klatz, MD, DO & Robert Goldman, MD, PhD, DO  
Presented by: James LaValle, RPh, CCN  
Presented by: Zubin Damania, MD

## Afternoon Sessions *Schedule Subject to Change*

### Session 4 - Advances in Aesthetic Medicine
- **Dermatology, Aesthetic & Anti-Aging**  
  Presented by: Mark Nestor, MD, PhD  
- **Supplements and Cosmeceuticals**  
  Presented by: Mark Nestor, MD, PhD  
- **Non-CME: Devices in Aesthetics**  
  Live Patient Workshop

### Session 5 - Tools for Better Health
- **Cellular Detoxification**  
  Presented by: Silvia Binder, ND, PhD  
- **Autoimmune Disease: Leaving the Era of Reaction and Entering the New Pro-active Era of Prediction: A Systems Biology**  
  Presented by: David M. Brady, ND, DC, CCN, DACBN  
- **Low Dose Naltrexone**  
  Presented by: Terry Grossman, MD  
- **Genetic Screening: A Tool for Better Health with Age**  
  Presented by: Matthew Pratt-Hyatt, PhD  
- **The Probiotic Revolution: The New Frontier in Health & Medicine**  
  Presented by: Ross Pelton, RPh, PhD, CCN  
- **Nutrigenomics and Cardiovascular Health**  
  Presented by: Mark Houston, MD, MS, MSC, ABAARM, FACP, FAHA, FASH, FACN, FARM

## Sponsored Evening Workshops (Non-CME)

Call 1.561.893.8622 or visit www.A4M.com for more information
**Morning Session**  *Schedule Subject to Change*

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am</td>
<td>Female Sexuality: Hormone Therapies that Work</td>
</tr>
<tr>
<td>7:45am</td>
<td>Reversing Disease with Gene Therapy: the Future is NOW</td>
</tr>
<tr>
<td>8:30am</td>
<td>Understanding the Stress, Thyroid, Hormone Connection &amp; Prioritizing Systems</td>
</tr>
<tr>
<td>9:15am</td>
<td>Male Hormones: Examining the Correlation Between Androgen Deficiency and Cardiometabolic Risk</td>
</tr>
<tr>
<td>10:00am</td>
<td><strong>Keynote Presentation:</strong> Connect and Be Heard: Make A Difference in Health Care with Social Media</td>
</tr>
</tbody>
</table>

**Afternoon Sessions**  *Schedule Subject to Change*

<table>
<thead>
<tr>
<th>Session 1 - An Introduction to Treat Adult Hormone Deficiency</th>
<th>Session 2 - Microbiome and NeuroImmune System</th>
<th>Session 3 - Nutrition: Cause and Effects</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00pm</td>
<td>The Importance of BHRT on the Cardiovascular System</td>
<td>The Neurotoxic Effects of Gluten Presented by: Thomas Alexander, MD</td>
</tr>
<tr>
<td></td>
<td>Presented by: Thierry Hertoghe, MD</td>
<td></td>
</tr>
<tr>
<td>1:30pm</td>
<td>The Microbiome and The NeuroImmune System</td>
<td>Genomics-based Nutrition in Clinical Practice Presented by: Daniel Stickler, MD</td>
</tr>
<tr>
<td></td>
<td>Presented by: Todd LePine, MD</td>
<td></td>
</tr>
<tr>
<td>1:45pm</td>
<td>Hormones and the Brain</td>
<td>The Gut-Brain Axis in Autoimmune and NeuroImmune Disorders Presented by: Aristo Vojdani, PhD, MSc, CLS</td>
</tr>
<tr>
<td></td>
<td>Presented by: Thierry Hertoghe, MD</td>
<td></td>
</tr>
<tr>
<td>2:00pm</td>
<td>Treating Adult Growth Hormone Deficiency</td>
<td>Food Pain and the Dietary Effects of Inflammation Presented by: Hal Blatman, MD, DAAPM, ABIHM</td>
</tr>
<tr>
<td></td>
<td>Presented by: Thierry Hertoghe, MD</td>
<td></td>
</tr>
<tr>
<td>2:30pm</td>
<td>How to Prescribe Anti-Aging Medicine</td>
<td>Gut Inflammation: Is Your Medicine Making Your Patient Sick? Presented by: Sebastian Denison, BScPharm</td>
</tr>
<tr>
<td></td>
<td>Presented by: Ron Rothenberg, MD</td>
<td></td>
</tr>
<tr>
<td>3:00pm</td>
<td></td>
<td>Chronomorphologic Anti-Aging Nutrition Presented by: Massimo Spattini, MD</td>
</tr>
<tr>
<td>3:15pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00pm</td>
<td><strong>Networking Reception - Exhibit Hall</strong></td>
<td></td>
</tr>
</tbody>
</table>

Call 1.561.893.8622 or visit www.A4M.com for more information
# SATURDAY, DECEMBER 12, 2015

## Morning Session  *Schedule Subject to Change*

<table>
<thead>
<tr>
<th>Presented by: Thierry Hertoghe, MD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Presented by: Mark Rosenberg, MD</td>
</tr>
<tr>
<td>Presented by: Andrew Heyman, MD, MHSA</td>
</tr>
<tr>
<td>Presented by: Joel Heidelbaugh, MD, FAAA, FACG</td>
</tr>
</tbody>
</table>

**Presented by: Kevin Pho, MD**

## Afternoon Sessions  *Schedule Subject to Change*

### Session 4 - Early Detection/Prevention of Aging Disorders

- **Telomeres and Telomerase Activation**
  - Presented by: Ron Rothenberg, MD

- **An Improved Model for Testing Premenopausal Women’s Hormones**
  - Presented by: Mark Newman, MS

- **Medical Neuroscience Applications for the Functional Care Patients with History of Trauma**
  - Presented by: Nicole Hagedorn, DO, FACOG, ABAARM; David Hagedorn, PhD, BCN

- **Increased Oxidative Stress as the Etiology of Chronic Illness**
  - Presented by: Thomas E. Levy, MD, JD

- **Heavy Metal and Essential Element Involvement in Thyroid Hormone Synthesis and Reproduction**
  - Presented by: Alison McAllister, ND

- **Oversimplified and Undereveraged: New Strategies for Modifying the Stress Response Beyond the Adrenal Glands**
  - Presented by: Thomas Guilliams, PhD

### Session 5 - Advances in Aesthetic Medicine

- **Update on Fillers and Toxins**
  - Presented by: Mark Nestor, MD, PhD

- **Aesthetic Device Overview**
  - Presented by: David Goldberg, MD, JD

- **Non-CME: Devices in Aesthetics Live Patient Workshop**

### Session 6 - Stem Cells and Regenerative Medicine

- **Stem Cell Therapies: The Potential and the Current Reality**
  - Presented by: Shalesh Kaushal, MD, PhD

- **Safety and Effectiveness of Regenerative Cell Therapy**
  - Presented by: Kevin Darr, MD

- **Optimizing Regenerative Outcomes**
  - Presented by: Joel J. Baumgartner, MD

- **Nitromedicine: Modulating Redox-Signaling Pathways with Phototherapy and Stem Cell Therapy**
  - Presented by: Salaheldin Halasa, MD

- **Regenerative Orthopedics: Non Surgical Repair with Stem Cells/PRP/Prolotherapy**
  - Presented by: Peter A. Fields, MD, DC

### Networking Reception - Exhibit Hall

Call 1.561.893.8622 or visit www.A4M.com for more information
### SUNDAY, DECEMBER 13, 2015

#### Morning Session  
*Schedule Subject to Change*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00am</td>
<td>Basis in Reality: The Endocannabinoid System</td>
</tr>
<tr>
<td>7:45am</td>
<td>Effects of PRP and Stem Cell Therapy</td>
</tr>
<tr>
<td>8:30am</td>
<td>Overview of Newly Recognized and Clinically Relevant Genetic Polymorphisms for the Recovery of Neurommune Syndromes and Healthy Aging</td>
</tr>
<tr>
<td>9:15am</td>
<td>A Metabolic Approach to Thyroid Health: Hypothyroidism</td>
</tr>
<tr>
<td>10:00am</td>
<td>Keynote Presentation: The Future of Health &amp; Medicine: Where Can Technology Take Us</td>
</tr>
</tbody>
</table>

#### Afternoon Sessions  
*Schedule Subject to Change*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session 1 - Emerging Therapies</th>
<th>Session 2 - Getting Personal</th>
<th>Session 3 - Hormones and the Anti-Aging Equation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00pm</td>
<td>Healing is Voltage: The On/Off Switches for Cancer</td>
<td>The Personal Side of Pain Management</td>
<td>Polycystic Ovary Syndrome: The Integrative and Holistic Approach to Multifaceted Disease</td>
</tr>
<tr>
<td></td>
<td>Presented by: Jerry Tennant, MD</td>
<td>Presented by: Sahar Swidan, PharmD</td>
<td>Presented by: Felice Gersh, MD</td>
</tr>
<tr>
<td>1:30pm</td>
<td>Immunity: A Key to Understanding Longevity</td>
<td>Personalized Path to Improve Health and Longevity through Genomics and DNA Insight</td>
<td>Adrenal Depletion: From an Endocrinologist Perspective</td>
</tr>
<tr>
<td></td>
<td>Presented by: Bjorn Johan Overbye, MD</td>
<td>Presented by: Theodore Piliszek, MD, FAARFM, CNS</td>
<td>Presented by: Flavio A. Cadegiani, MD, PhD</td>
</tr>
<tr>
<td>2:00pm</td>
<td>How Can Quantum Therapy be More than Just Intention?</td>
<td>Insulin Resistance...Rethinking Cardiovascular Disease Management</td>
<td>Menopausal Metabolic Syndrome</td>
</tr>
<tr>
<td></td>
<td>Presented by: Ines Alfaro, MD, ABAARM, Fellow of ICT</td>
<td>Presented by: Jeffrey Life, MD</td>
<td>Presented by: Natali Ch A Cekalska, MD, PhD</td>
</tr>
<tr>
<td>2:30pm</td>
<td>How EMF Radiation Contributes to Aging</td>
<td>Metabolic Syndrome: Genetic and Endocrine Components</td>
<td>Obesity and Testosterone in Men: The Connecton, Consequences and Concern</td>
</tr>
<tr>
<td>3:00pm</td>
<td>Lipoic Acid’s Effects on Mitochondrion and Human Disease Modification</td>
<td>Functional Genetics: The Use of Genetic Testing in Functional Medicine</td>
<td>Hormone Optimization: A Key Factor in the Integrative Approach to Mental Health</td>
</tr>
<tr>
<td></td>
<td>Presented by: Burton Berkson, MD, MS, PhD</td>
<td>Presented by: Dino Celeda, PhD</td>
<td>Presented by: Mark Filidei, DO</td>
</tr>
<tr>
<td>3:30pm</td>
<td>The Power of Enzymes for Pain, Inflammation and Cancer</td>
<td></td>
<td>Burning Mouth Syndrome - A Perplexing Problem</td>
</tr>
<tr>
<td></td>
<td>Presented by: Donese Worden, MND</td>
<td></td>
<td>Presented by: Susan Sklar, MD</td>
</tr>
</tbody>
</table>

### End of Session

Call 1.561.893.8622 or visit www.A4M.com for more information
# SUNDAY, DECEMBER 13, 2015

## Morning Session

*Schedule Subject to Change

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Marketing and Social Media Strategies for Medical Management&lt;br&gt;Presented by: Manon Pilon</td>
</tr>
<tr>
<td>3.</td>
<td>Adding Cash Services to a Typically Insurance Based Practice&lt;br&gt;Presented by: Mara Shorr, BS, MBM-C, CAC I-VII</td>
</tr>
<tr>
<td>4.</td>
<td>What to Include in your Practice’s Business Plan?&lt;br&gt;Presented by: Jay Shorr, BS, MBM-C, CAC I-VII</td>
</tr>
<tr>
<td>5.</td>
<td>Improved Patient Care through Lawsuit Protection and Prevention&lt;br&gt;Presented by: G. Kent Mangeleson, CFP</td>
</tr>
<tr>
<td>6.</td>
<td>Don’t Sell Your Business…YET!&lt;br&gt;Presented by: Kevin L. Ramsier</td>
</tr>
</tbody>
</table>

## Afternoon Sessions

*Schedule Subject to Change

<table>
<thead>
<tr>
<th>Session</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.</td>
<td>The Business of Medicine&lt;br&gt;Presented by: Manon Pilon</td>
</tr>
<tr>
<td>5.</td>
<td>Advances in Aesthetic Medicine&lt;br&gt;Presented by: Alan Bauman, MD</td>
</tr>
<tr>
<td>6.</td>
<td>Hair Loss and Hormone Replacement: Stratagems for Managing Androgenetic Alopecia&lt;br&gt;Presented by: Alan Bauman, MD</td>
</tr>
<tr>
<td>7.</td>
<td>Toxic Ingredients to Avoid in Skin Topicals&lt;br&gt;Presented by: Julia T. Hunter, MD</td>
</tr>
<tr>
<td>8.</td>
<td>The Dark Side: Navigating the Perils of Hyperpigmentation&lt;br&gt;Presented by: Sara Hover, RPh</td>
</tr>
<tr>
<td>9.</td>
<td>How Menopause Changes the Biology of Skin &amp; the Cosmeceutical Ingredients that Reverse It&lt;br&gt;Presented by: Rick Rhoads, PharmD</td>
</tr>
<tr>
<td>11.</td>
<td>Managing Facial Injectable Sequelae&lt;br&gt;Presented by: Sharon McQuillan, MD</td>
</tr>
</tbody>
</table>

**End of Session**

Call 1.561.893.8622 or visit www.A4M.com for more information
• Explore the culinary wonders of Las Vegas, a global gourmet mecca. Las Vegas restaurants are continually upping the ante with celebrity chefs and cutting-edge menus that cater to every taste and craving. And people are taking notice. This is a city raising the culinary bar on a daily basis, where the biggest names in food - chefs such as Mario Batali, Joël Robuchon, Gordon Ramsay and Tom Colicchio - debut their latest concepts.

• Las Vegas is home to some of the most spectacular shopping in the world. You can’t see it all in one visit, but boy will it be fun to try Crystals at CityCenter, the Forum Shops at Caesars and the Grand Canal Shoppes at The Venetian/The Palazzo.

• Acrobats, divas, magicians, jokesters, showgirls and puppets. You may not be able to take in all of the amazing shows in Las Vegas, but there’s no doubt you will find something that will blow you away.

The Venetian/Palazzo Resort

This 5-star eco-friendly Las Vegas hotel is on the Vegas Strip. The luxury hotel features a full-service spa and health club, pool deck overlooking the Strip, and a state-of-the-art casino.

3355 Las Vegas Blvd. S., Las Vegas, NV 89109
702-414-1000 • 877-385-3885
Room Rate: $189.00 Group Code: RICAM • Expires 11/05/15

Call 1.561.893.8622 or visit www.A4M.com for more information
CONFERENCE EXPERIENCE

Product Showcase
Companies will promote their products and services via a mainstage demonstration or presentation in the exhibit hall.

Sponsored Evening Workshops
Attend free evening workshops featuring highlighted speakers discussing the latest advancements in lifestyle and Anti-Aging Medicine.

Exhibit Hall
Visit our premier exhibit hall showcasing over 350 exhibitor booths.

World Class Speakers
Our world-renowned faculty lecture on various cutting edge topics. They have been integral in building our educational programs and grace our stage sharing phenomenal content.

Eye Opener Giveaways
The Early Bird Gets the Worm! The first to arrive at select morning sessions will receive special prices.

Networking Reception
Mix and mingle with other distinguished medical professionals and exhibitors.

Fellowship Graduation
Congratulations to the Fellowship Graduating class of 2015!

Car Giveaway
Play the Exhibit Hall game and enter for your chance to win a FREE car!

The A4M Conference App (for smart-phones)
Keep the event in the palm of your hand! Download the app directly and utilize A4M’s integrative conference app to help boost your experience and navigate your conference time wisely.

Call 1.561.893.8622 or visit www.A4M.com for more information
THE CAN’T MISS CME EVENT OF THE YEAR!
DECEMBER 10-13, 2015 • LAS VEGAS, NV

#A4MVegas • @A4MEVENTS

It’s the single event I haven’t missed in the last 15 years.
- Paul Savage, MD, FAARM
15-Time World Congress Attendee

This brand of medicine has sent more new patients to my office than anything else in the previous 20 years.
- Peggy Watson, MD, FAARFM, ABAARM
12-Time World Congress Attendee

I joined the A4M and after attending my first event, I knew I was on the right track to practicing medicine the way I had always intended.
- Ferdinand Cabrera, MD
5-Time World Congress Attendee

An amazing conference for the health and wellness practitioner. The speakers were amazing! This is a first class event. Looking forward to attending more in the future.
- Christopher M. Colgin, DC
1-Time World Congress Attendee

EARN UP TO 29 CME CREDITS!

REDEFINING MEDICINE